



Facilitator Page

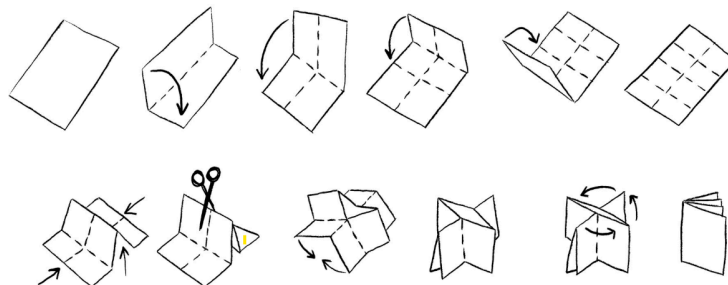
ADVOCACY TOOLKIT - ONE SHEET ZINE

A one sheet zine is simple to make and only requires a sheet of paper, a pair of scissors, and materials like markers, tape or glue, stamps, stickers or whatever you'd like to decorate it.

The one sheet method will create an eight-page zine: a cover page, back page and six interior pages. Any size paper can be used. Standard Letter (8.5 in x 11 in) size is usually the easiest but using Legal (8.5 in x 14 in) or Tabloid (11 in x 17 in) size paper will give you bigger pages to work on.

Instructions

- Take one sheet of paper.
- Fold in $\frac{1}{2}$ long ways or lengthwise (we call this a “hot dog fold”).
- Unfold the paper, then fold in $\frac{1}{2}$ on the short side or widthwise (we call this the “hamburger fold”).
- Unfold the paper flat. Fold the short ends of the paper into the middle crease. You are folding each half of the paper in half again.
- Unfold the paper flat and you should see eight boxes.
- Then fold it in half hamburger fold style.
- Cut through the folded edge down to the center crease (as shown on the next page).
- Unfold the paper flat. Fold longways (“hot dog”), hold the ends of the paper in the middle, and “pinch” or push to the center so that you see a diamond shape emerge in the center.
- Push the paper in completely so it creates a “plus” or “x”.
- Flatten onto a table creating a rectangle and fold over as shown.
- Burnish all sides and edges with a bone folder or flat edge for a crispy, finished look.



For more resources on zine making visit: www.bit.ly/BZB-handbook